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REPLY TO
ATTENTION OF:

DEPARTMENT OF THE ARMY
REGIMENTAL NONCOMMISSIONED OFFICER ACADEMY
FORT GORDON, GEORGIA 30905-5491



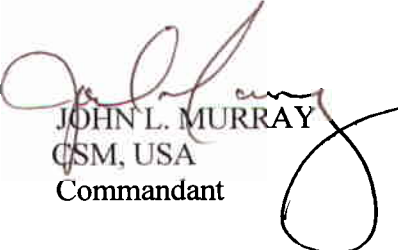
ATZH-LCA (350-2d)

14 July 2006

MEMORANDUM FOR Regimental Noncommissioned Officer Academy (RNCOA)

SUBJECT: Policy Memorandum #22 - Physical Fitness Uniform (PFU)

1. This policy letter applies to all military personnel assigned or attached to the RNCOA. The purpose of this memorandum is to outline the physical fitness uniform (PFU) for the academy.
2. The physical fitness uniform will consist of:
 - a. Long or short sleeve shirt, shorts, jacket, and pants depending on the weather. Any combination can be worn as long as the entire group is in the same uniform. The Branch Chief's will determine the daily PFU based on weather conditions.
 - b. Solid white (ankle or calf length) socks. The "no show" socks are not authorized.
 - c. Running or multipurpose cross trainer shoes. Soldiers will not wear basketball shoes or other types of court shoes which may not be appropriate for running.
 - d. Gray or black spandex without exposed brand name or logo may be worn.
 - e. Black or gray wool knit cap and black gloves will be worn during periods of cold weather.
3. Unit specific T-Shirts will be authorized for special events such as the Commandant's Run. The Commandant and Branch Chief's will determine which event the T-Shirt can be worn. It will not replace the normal Army physical fitness T-Shirt.


JOHN L. MURRAY
CSM, USA
Commandant

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